## **INCLUSIVE LIVING**

Improving quality of life is our primary aim. This presupposes that everyone is entitled to participate in society and is regarded, with his/her capabilities, as an inherent and valued part of society.

For us, whether you have a disability or not makes no difference at all. Differences are normal. Our attitude is one of openness and tolerance.

Only in this way is inclusion possible.



#### **Innsbruck Stadt**

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### **Innsbruck Land Ost und Süd**

Anton-Melzer Straße 10 | 6020 Innsbruck 0043 676 88509 818 | fafe.innsbruck.land@fruehfoerdern.at

#### **Imst & Innsbruck Land West**

Ötztaler Höhe 11 | 6430 Ötztal Bahnhof 0043 676 88509 125 | fafe.imst@fruehfoerdern.at

### Kitzbühel

Pass-Thurn-Straße 22/1.2.9b | 6372 Oberndorf 0043 664 88 89 5873 | fafe.kitzbuehel@fruehfoerdern.at

#### Kufstein

Oberer Stadtplatz 6 | 6330 Kufstein 0043 676 88509 438 | fafe.kufstein@fruehfoerdern.at

#### Landeck

Urichstraße 43 | 6500 Landeck 0043 676 88509 165 | fafe.landeck@fruehfoerdern.at

#### Lienz

Mühlgasse 10 | 9900 Lienz 0043 676 88509 492 | fafe.lienz@fruehfoerdern.at

#### Reutte

Untere Gasse 15 | 6600 Breitenwang 0043 676 88509 370 | fafe.reutte@fruehfoerdern.at

#### Schwaz

Paulinumweg 7 / Top 2 | 6130 Schwaz 0043 676 88509 228 | fafe.schwaz@fruehfoerdern.at

A service from



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Leisure Assistance & Family Relief for children with disabilities or developmental delay

> info@fruehfoerdern.at www.fruehfoerdern.at

frühfördern.at

**Leisure** Assistance

**Family** Relief

Leisure Assistance & Family Relief



## SUPPORT FOR CHILDREN

As part of the Leisure Assistance and Family Relief programme, children and young people with developmental delays and/or disabilities are given the support they need to be able to enjoy the recreational activities they love and have an interest in.

Our services provide the opportunity for children and parents to rediscover and make use of their own freedom. Through the Leisure Assistance programme, we give families and carers a break from everyday life, allowing them time for recuperation and supporting the family environment.



## WHO IS THE SERVICE FOR?

The Leisure Assistance & Family Relief programme may be used by children and young people aged 0 to 18 years and their families, provided they receive higher family allowance or a care allowance. In addition, it is possible to apply for holiday support for children, who go to kindergarten or school.

# WHAT ACTIVITIES ARE AVAILABLE?

In conjunction with the child and parents, activities are chosen which are both fun for the child and offer relief for the family. Excursions, hiking, football, horse riding, playing in a playground, skiing, swimming, going to events and group games are just a few of the possibilities.

### **HOW DOES IT WORK?**

Leisure Assistance & Family Relief can take place in a familiar context at home or in the form of accompanying the child to various activities. The service is available all year round, even during holiday periods and on weekends.

# WHO ACCOMPANIES THE CHILD?

We are guided by the interests of the child and the needs of the family. Whenever practicable, the leisure assistant is selected according to the type of activities the child wishes to do.

## WHAT DOES THE SERVICE COST?

The number of hours approved by the Province of Tyrol for Leisure Assistance & Family Relief ranges from 40 to 376 hours per year and depends on the individual family situation. The out-of-pocket cost is based on the amount of care allowance.

## ANY OTHER QUESTIONS?

We would be happy to give you more information about the Leisure Assistance & Family Relief service, as well as help you with the application process.

Our contact details can be found overleaf or go to: www.fruehfoerdern.at